

Winter Care Kits

The Details:

Location: Your home, community space or office

The Need:

Winter is here and the regular day-to-day can be difficult for people living on fixed and low incomes. Now add cold weather and not having proper attire and daily living is even harder. You can help by preparing Winter Care Kits for Fred Victor clients. These kits provide our community members, who are vulnerable and often overlooked, with some highly needed winter items, hygiene products, snack/treats and shows them that there are people who care.

The Activity:

Select items from the list below to create a Winter Care Kit/s. Each kit does not need to have the exact same things in it. All items should be new and packed into a large clear zip lock bag or in a reusable tote bag. Please label your kits if they have gendered items such as nail polish or make up.

Suggested items for your care kits:

- Gift Card (ex: Tim Hortons or Dollar store) – to be able to purchase something for yourself is so special
- Socks
- Winter Hat
- Warm Gloves or Mittens
- Scarf
- Chap Stick
- Lotion
- Q-tips
- Hygiene items (deodorant, shampoo, conditioner, soap, toothbrush, toothpaste etc. – if including mouthwash please provide alcohol free mouthwash)
- Make up
- Hair ties/elastics
- Sanitizer
- Mask
- Band-Aids
- Store bought snacks (please avoid peanuts and other major allergens)
- Reusable water bottle
- Small craft or game supplies (such as a deck of cards or word search with pen)
- A hand written card or note wishing the recipient well, something like: “I hope you have a great day!”

The Experience:

- Fred Victor can provide you with a virtual presentation about the organization and the program that will be benefiting from your Winter Care Kit/s.
- A Fred Victor staff will meet you when you deliver the items. Unfortunately, pick up is not available at this time.
- You will receive a Thank You letter for participating in this wonderful initiative.