



## Winter Care Kits

### The Details:

Location: Your home, community space or office

### The Need:

Life is difficult for many people. Now add cold weather and daily living is even harder. You can help by preparing Winter Care Kits for people experiencing homelessness and living in poverty.

Give a person who is vulnerable and often overlooked needed winter items, hygiene products, snacks and treats. Show them that there are people who care.

### The Activity:

Select items from the list below to create a Winter Care Kit/s. Each kit does not need to have the exact same things in it. All items should be new and packed into a large clear zip lock bag or in a reusable tote bag. Please label your kits if they have gendered items such as nail polish or make up.

#### Suggested items for your care kits:

- Socks
- Winter Hat
- Warm Gloves or Mittens
- Scarf
- Chap Stick
- Lotion
- Hygiene items (deodorant, shampoo, conditioner, soap, toothbrush, toothpaste etc. – if including mouthwash please provide alcohol free mouthwash)
- Make up
- Sanitizer
- Mask
- Band-aids
- Store bought snacks (please avoid peanuts and other major allergens)
- Water bottle
- Small craft or game supplies (such as a deck of cards or note pad and pen)
- A hand written card or note wishing the recipient well, something like: “I hope you have a great day!”

### The Experience:

- Fred Victor can provide you with a presentation about the organization and the program that will be benefiting from your Winter Care Kit/s.
- A Fred Victor staff will meet you when you deliver the items (pick up is not available at this time)
- You will receive a Thank You letter and a tax receipt for any donation that is made
- Reach out to Katy Scherer via email or 416-854-8693 x 1384 to let us know you are making kits.