

Lunch at Mary Sheffield House



The Details:

Date: Activity is available most Mondays, Tuesdays, Thursdays, and Fridays

Time: 9:30am-1:00pm

Number of Volunteers: 4-6

Volunteer Activity Location: Mary Sheffield House - 512 Jarvis Street

Corporate Contribution: \$2,500

The Need:

Mary Sheffield House provides older women (55+) who are homeless with one year of supported, transitional housing. Many of the women experience complex physical and mental health challenges among other difficulties. Due to their physical conditions, many women can't leave the residence, so we want to bring some fun to them! Your volunteers can help out by hosting a free lunch for the residents. The lunch will serve as a celebration - something our women really look forward to.

The Activity:

- A short introductory presentation about Fred Victor and the impact of your volunteer day
- Set up – volunteers will decorate the kitchen and dining room with tablecloths, centerpieces and fun décor to create a celebratory atmosphere
- Meal preparation – you will prep a simple lunch for the 25 residents as well as your team
- Socializing – some of the residents will join us in setting up and preparing the food, this is a great opportunity for them to socialize and connect
- We encourage volunteers to take the time to connect and chat with the residents all throughout the day
- Serving and Enjoying – Enjoy the meal you've made with the residents at Mary Sheffield House
- Clean up

The Follow-up:

- We will thank you and acknowledge the event on Fred Victor's Twitter account
- **You will receive:**
 1. Photos from the day (via Google Drive)
 2. A Thank You letter
 3. A tax receipt
 4. Name recognition in our Annual Report