

Meal Program at CRC



The Details:

Date: Activity is available Mondays, Tuesdays and Fridays

Time: 11:30am-1:30pm

Number of Volunteers: 4-8

Volunteer Activity Location: CRC – 40 Oak Street

Corporate Contribution: \$2,500

The Need:

CRC delivers a Community Meal Program, where people experiencing poverty, homelessness and food insecurity are served a free, warm, nutritious meal in an inclusive and positive environment where they can also connect to multiple critical services that can help them build up their lives. We serve approximately 56,000 meals a year, which includes two breakfasts and four lunches from Monday to Friday, serving 200-250 meals per service. Your volunteers will help make healthy, diverse and delicious food accessible to those in need by serving a meal!

The Activity:

- A short presentation about Fred Victor and the impact of your volunteer day and tour of the CRC site
- Set Up – volunteers will set-up the drop-in space for meal service by wiping down tables, putting out water pitchers and preparing the serving station
- Meal serving – you will plate dishes in our serving station, filling up trolley carts with trays which you will then individually serve to community members
- Engaging – during the meal service you will greet, serve and engage with meal program participants; we always encourage volunteers to say hello, smile and exchange a few words with our community members
- Clean up – you will help close the serving station and clear out the dish area in the kitchen and drop-in space
- Eat! – you are invited to grab a nutritious and delicious meal and join us in the drop-in area to enjoy a meal as part of our meal program

The Follow-up:

- We will thank you and acknowledge the event on Fred Victor's Twitter account
- **You will receive:** Photos from the day (via Google Drive); A Thank You letter; A tax receipt; Name recognition in our Annual Report