

# Community Kitchen at CRC

---



## The Details:

**Date:** Activity is available on Mondays, Tuesdays, Thursdays and Fridays

**Time:** 9:00am-12:00pm

**Number of Volunteers:** 6-8

**Volunteer Activity Location:** CRC at 40 Oak Street – Community Kitchen

**Corporate Contribution:** \$2,500

## The Need:

CRC offers a robust Community Meal Program, where we strive to increase food access to people experiencing poverty or homelessness in a dignified community setting. We provide over 56,000 healthy and delicious meals per year, which are all prepared from scratch, using only fresh ingredients, in our community kitchen. This is where your volunteers are needed, to roll up their sleeves and help prepare food for upcoming meals.

## The Activity:

- A short presentation about Fred Victor and the impact of your volunteer day and tour of the CRC site
- Help clean, cut, chop, peel, grate and support CRC's Chef in our community kitchen to prepare healthy meals for our meal program
- You will work alongside daily community volunteers – we encourage you to get to know them!
- You will have an opportunity to learn just how much it takes to run a healthy community meal program that serves up to 56,000 free meals per year!

## The Follow-up:

- We will thank you and acknowledge the event on Fred Victor's Twitter account
- **You will receive:**
  1. Photos from the day (via Google Drive)
  2. A Thank You letter
  3. A tax receipt
  4. Name recognition in our Annual Report