

Community Garden Growers at CRC



The Details:

Date: Activity is available from mid-April to mid-October (Monday – Friday)

Time: 9:00am-12:00pm

Number of Volunteers: 6-12

Volunteer Activity Location: Regent Park (outdoors)

Corporate Contribution: \$2,500

The Need:

CRC runs a number of urban garden spaces in Regent Park (the site of Toronto's first community gardens!), comprised of communal gardens shared by local community organizations and 243 individual allotment gardens for local residents. Individuals use these spaces to grow and harvest their own cultural fruits, vegetables, herbs and flowers and develop a sense of ownership and pride of their garden space. These gardens are a way for local residents to increase their access to good food throughout the summer. Individuals can also participate in CRC's garden-to-table Food Skills programs, where they learn how to cook healthy recipes, and preserve their food for the winter months. We harvest produce from our 40 Oaks communal garden for our Meal Program and teaching programs whenever possible. Your volunteers will help make our gardens grow by getting their hands dirty and developing a green thumb or two!

The Activity:

- A short presentation about Fred Victor and CRC and the impact of your volunteer day and tour of one of our garden spaces
- Get Earthy: depending on the time of year, you will help prepare garden beds with soil and compost, measure plots, plant seeds, weed, water, harvest or clean-up garden areas
- Some community gardeners might join in the space – we encourage you to connect and chat with fellow gardeners

The Follow-up:

- We will thank you and acknowledge the event on Fred Victor's Twitter account
- **You will receive:** Photos from the day (via Google Drive); A Thank You letter; A tax receipt; Name recognition in our Annual Report