

CAREER EXPLORATION PROGRAM

A 10 week Pre-Employment Development Program
(4 days a week, 4 hours per day).

Eligibility: ONTARIO WORKS PARTICIPANTS



*Where do
I go from
here?*

If you want to...

- Explore career options that match your skills and interests.
- Identify and overcome employment barriers.
- Gain new **Employability** and **Life Skills** that employers are looking for.
- Receive one-to-one support as needed.
- Learn basic computer skills in Windows 7: MS-Word, MS-Excel, Outlook & MS-PowerPoint, Internet and E-mail.

(No previous computer experience required!)

Courses start February 6, 2012

Orientation Sessions:

Thursday, January 12, 1:30 p.m. to 3:30 p.m., 248 Queen St. East
Tuesday, January 17, 1:30 p.m. to 3:30 p.m., 248 Queen St. East
Thursday, January 19, 1:30 p.m. to 3:30 p.m., 248 Queen St. East
Tuesday, January 24, 1:30 p.m. to 3:30 p.m., 248 Queen St. East
Thursday, January 26, 1:30 p.m. to 3:30 p.m., 248 Queen St. East
Tuesday, January 31, 1:30 p.m. to 3:30 p.m., 248 Queen St. East
Thursday, February 2, 1:30 p.m. to 3:30 p.m., 248 Queen St. East

416-364-8986, ext. 550

(Please set aside 2 hours for the Orientation Session)

**Fred Victor Employment &
Training Services**
248 Queen Street East
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